

WEST OXFORD COMMUNITY CENTRE ACTIVITIES – WEEK COMMENCING NOVEMBER 22

	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
M o r n i n g	<p>Meadowbrook College 9.30 – 2.00 Seminar 2</p> <p>Monkey Music 9.45-12.00 Mary Town Room</p> <p>Messy Play 9.30 –11.30 Hall</p>	<p>Meadowbrook College 12.00 – 2.00 Seminar 2</p> <p>Gentle Moves Exercise Class 10.00 –11.00 Hall</p> <p>Post-natal Pilates 11.45 –12.45 Hall</p>	<p>Meadowbrook College 9.30 – 11.30 Seminar 2 1.45 – 2.45 Mary Town Room</p>	<p>Meadowbrook College 12.00 – 2.00 Seminar 2</p>	<p>Meadowbrook College 9.30 – 11.30 Seminar 2</p> <p>Parent & Toddler 9.30-11.30 Hall</p> <p>Asian Women’s Group 9.30 – 11.00 Mary Town Room</p> <p>Hilary’s Music 11.00 – 11.30 Mary Town Room 11.30 – 12.00 Hall</p> <p>Nicola Blackwood MP Surgery 10.00 – 12.00 Seminar 1</p> <p>Elms Rd Baby Group 11.30 -12.30 Mary Town Room</p>	<p>Urdu Class 10.00 – 12.00 Seminar 1</p>	<p>Tae Kwon Do 11.30 - 1.00 Hall</p> <p>Sword for the Lord 11.30 – 12.30 Seminar 1 (from 14 November)</p>
A f t e r n o o n	<p>Chinese Older People 12.00 – 3.00 Hall</p> <p>Oxfordshire Link 2.00 – 5.00 Seminar 1</p>		<p>Saltbox Music Co Oxford City Council Human Resources 2.00 – 5.00 Seminar 1</p> <p>Oxford City Ice Hockey Club 4.30 – 5.30 Hall</p>	<p>Chinese Happy Place 1.00 – 3.00 Hall</p> <p>Dance Academy 4.15 –5.45 Hall</p>	<p>Baby Clinic (Health Visitors) 1.00 – 2.30 Mary Town Room</p>		<p>Citywide Family of God 1.30 - 3.30 Mary Town Room</p>
E v e n i n g	<p>Belly Dancing 6.30 - 8.30 Mary Town Room</p> <p>Pilates 6.30 – 7.30 Hall</p> <p>Samatha Meditation 8.15 –10.15 Seminar 1</p>	<p>Brownies 5.30 –7.30 Hall</p> <p>Yoga 8.00 – 9.00 M T R</p> <p>West Oxford Academy Café 7.30 – 9.15</p> <p>Tae Kwon Do 7.30 – 9.00 Hall</p>	<p>Woodcraft Pioneers 6.00 – 7.30 Hall</p> <p>Peter Marsh 6.00 – 7.30 Seminar 1</p> <p>OA 7.30 - 8.45 Seminar 1</p> <p>Aikido 8.00 – 9.00 Hall</p>	<p>NAG Meeting 6.00 – 7.00 Mary Town Room</p> <p>Elfins (West Oxford) 6.00 – 7.30</p> <p>Oxford Spiritist Study Group 8.00 – 9.30 Mary Town Room</p>	<p>Elfins 2 (Osney) 5.45 – 7.15 Hall</p> <p>Bingo 7.00 – 9.00 Mary Town Room</p> <p>Kick Boxing 7.30 – 8.30 Hall</p> <p>AA 7.00 - 9.30 Café</p>		<p>NA 4.30 –7.00 Café & Kitchen</p> <p>Karate 6.30 – 7.30 Hall</p>