

NEWSLETTER

Number 38: July 2010



Regular Activities

Mondays: Messy Play 9.30-11.30am; Monkey Music 9.45-12pm; Chinese Older People 12 noon-3pm; Pilates 6.30-7.30pm; Belly Dancing 6.30-8.30pm; Samatha Meditation 8.15-10.15pm

Tuesdays: Easy Exercise for 50+ 10.00-11am; Post-natal Pilates 11.45-12.45pm; Brownies 5.30-7.30pm; Pregnancy Yoga 7.00—8.00pm; Tae Kwon Do 7.30-9pm; Yoga 8.00—9pm

Wednesdays: Saltbox Music Co 1.45-2.45pm; Woodcraft Pioneers 6-7.30pm; Aikido 8-9pm; Overeaters Anonymous 7.30-8.45pm

Thursdays: Chinese Happy Place 1-3pm; Dance Academy 4.30-5.45pm; Elfins 6-7.30pm;

Fridays: Parent & Toddlers 9.30-11.30am; Asian Women's Group 9.30-11am; Hilary's Music 10am-12 noon; Mother and Baby 11.30am-12.30pm; Baby Clinic 1-2.30pm; Elfins 5.45-7.15pm; Bingo 7-9pm; Kickboxing 7.30-8.30pm; Alcoholics Anonymous 7.45-9.30pm

Saturdays: Qi-Gong 10am-2pm (last Saturday of month) Susanna Pressel Surgery 11.00-12.00 (third Saturday of month)

Sundays: Tae Kwon Do 11.30am-1pm; Citywide Family Church of God 1.30-3.30pm; Narcotics Anonymous 4.30-7pm; Carate 6.30-7.30pm

West Oxford Fun Day is coming!

12pm – 4pm

Saturday 17th July 2010

Foods from around the world!

Fairground Attractions!

Music from around West Oxford!

Workshops:

- Circus Skills!
- Art!
- Drumming!

Fun Dog Show!

Adults £1.00
- Kids Free!

Lots more FUN for all ages!

Can you:

- Help run a stall? Perform?
- Demonstrate an art or craft? Join the Fun Day Crew?
- Help with admin/publicity? Make a donation to the raffle?
- Have a stall for your community organisation/charity? or help in any other waythen please...
- Phone Keith on 01865 245761
- Or email westoxfordcc@googlemail.com

GOODBYE MARELYN

We have recently said goodbye to Marelyn Diamond (nee Clarke) who has worked for and supported the community centre for many years. As you may remember, our previous Centre Manager was funded by Oxford City Council but this support was sadly withdrawn during 2008. To allow WOCA to recruit and fund our own Centre Manager, unfortunately Marelyn's role was made redundant in May. Marelyn's service and hard work was recognised at the AGM, and we would like to take this further opportunity to thank Marelyn for her many years of support and wish her well with her future ventures.



NEWS

New Manager at West Oxford Community Centre

If we have not had the chance to meet yet, let me introduce myself: I am Keith Birnie, the new centre manager.

The last few weeks have been something of a whirlwind for me, but a very enjoyable whirlwind! I feel as though I have met or seen just about every resident of West Oxford (particularly after polling day a few weeks ago), and it has been so impressive to realise how well used the centre is, and how much of a focus it is for the local community. I look forward to meeting many more of you at the Fun Day.

I will be working 20 hours a week, usually in the office on Monday, Wednesday, Thursday, and Friday afternoons, if you need to get in touch.

Telephone 245761

Email westoxfordcc@googlemail.com

Centre Development - Your Views Count

WOCA is gathering views on what (particularly local) people need and want from the West Oxford Community Centre. If you have any thoughts on how the centre could develop, please pass them on.

There will be the opportunity to feed in your ideas and thoughts at the Fun Day too, so please let your views be known!

Recent events

Artweeks - the exhibition in May was well attended, and the workshops that ran were very well received. We hope to re-run them at the Fun Day in July

Elections - The City council election was a busy day at the centre. Susanna Pressel was re-elected to the City Council, and we now have a new MP, Nicola Blackwood, who has since visited the centre. She is hoping to join us at the Fun Day.

New/Upcoming Activities

Acupuncture sessions will be starting in July with James Thirlwall—see his website for details: www.jamesthirlwall.co.uk

We welcome the **new pilates teacher**, Andrea Jobaggy, on Monday evenings.

The next **Neighbourhood Action Group** meeting will be on 30 September from 6-7pm. Come and meet your local community police and raise any issues.

The next **Blood Donors** sessions will be on Saturday 21st and Thursday 26th August

The next **Central, South and West Area Committee** meeting at the centre will be on Tuesday August 10th.

The next, highly recommended **Low Carbon West Oxford Bring and Take** event will be on Saturday 11th September. Get rid of all that clutter—then fill up again!

For more information about Community Centre activities

e-mail: westoxfordcc@googlemail.com ring 245761

You can see our programme of activities, updated weekly, at www.woca.org.uk

...or on display at the Community Centre,

...or on the notice boards outside the centre and on Alexandra Road opposite Warlands Cycles



West Oxford Community Centre Café has been relaunched! Opening Hours:
12 – 5 Wednesday to Friday

'My Café' is run and managed by local self-advocacy group **My Life My Choice**, serving delicious meals, drinks and snacks

My Café can also provide catering for your event:

Budget A - Breakfast Meeting

- Tea and Coffee on arrival
- Break 1 Tea, Coffee and Fruit Juice
- Break 2 Tea, Coffee, Pastries, Cookies and Fruit Juice

£2.75 a head

Budget B - Sandwich Lunch Meeting

- Tea and Coffee on arrival
- Break 1 Tea, Coffee and Cookies
- Lunch - Selection of wholemeal Sandwiches, fruit, crisps, fruit juice, Tea and Coffee
- Break 2 Tea, Coffee

£3.75 a head

Budget C - Lunch Plus Meeting (Minimum 10 People)

- Tea and Coffee, Bottled water and Fruit Juice available through day
- Break 1 Cookies
- Lunch - Selection of wholemeal sandwiches, crudites, samosa, onion bahjis, sliced fruits, crisps.
- Break 2 Selection of cakes/cookies

£5.00 a head

CHURCH NEWS

St Frideswide's with Binsey (Church of England)

The restoration of the Hunter organ was celebrated with recitals on 27th May and 12th June.

For those who are exploring the faith, we offer our Christian Belief Course. This explores the major themes and doctrines of Christianity. If you would like to join it, please ring Oxford 242345.

St Margaret's, Binsey

There are now two morning services a month at Binsey:
Eucharist at 9am on the second and fourth Sundays.

St Fridewide's, Botley Road:

Sundays 10.15am: Parish mass

Evensong is at 3.30pm every Sunday throughout British Summer Time.

Tues 7pm & Thur 12.30pm: Simple said mass

Elim Church News

Sunday services are at 10.30 am. Sunday School for 3-11 year olds runs during the service.

Toddler Group Mondays 10am - 12 noon - A new group for parents and carers and the little ones that they look after. £1 per family to cover refreshments.

Contact: 247746 or e-mail: info@oxfordelim.com

Elim Church, 84, Botley Rd

Low Carbon News

2 Big “Switch Ons”

On Thursday 24th June 2010, West Oxford Community Renewables Ltd (WOCR) unveiled their 100 kW solar panel array on the roof of Matthew Arnold School and their 50kW solar panel array on the roof of Aldi’s West Oxford store.

The electricity generated by the solar panels will be sold to the school and the store respectively. The profits will be passed on to a community led environmental group, Low Carbon West Oxford – to reinvest in future green initiatives. Together the roofs will generate approximately £50,000 for re-investment in local community environmental activities as a result of the Government’s feed-in tariff scheme.

Largest school array of solar panels in the UK

The 100 kW array on Matthew Arnold School roof is expected to generate the energy equivalent to that needed to run 30 average UK households per year and the 50 kW array on Aldi roof is expected to generate the energy equivalent to that needed to run 15 average UK households per year.

West Oxford Primary School

West Oxford Community Primary are pleased to announce that in March they were assessed and awarded the Challenge Award for excellence in whole-school provision for able, gifted and talented pupils. Working towards this standard over the last two years has raised our game for all our children.

More recently in May we also received news that our work providing arts education for the children has been recognised with the Artsmark Silver Award.

All members of the community and friends of West Oxford are warmly invited to our end of term leavers' assembly on Thursday 22nd July at 9.15 a.m and also to our Garden Party on the same day at 1.15 p.m. when we will celebrate the retirement of the much loved Joan McMinn, who has been a nursery nurse in the school for nineteen years.

Do you have some news for us?

Contributions for the next issue of this newsletter, which will be issued in September, can be left at the Community Centre or e-mailed to

westoxfordcc@gmail.com

If you would like local information to appear on the WOCA website, please send it to **webmaster@woca.org.uk**.

WOCA NEWS

Committee News

The AGM was held in April. Sarah Day was elected to the committee.

Chair—After 10 years of hard working and inspiring leadership, Lois Muddiman announced that she will be standing down as Chair in September

Committee Members: Lois Muddiman (chair), Jim McMahon, Miranda Miller, Martin Rush, Vicky Hirsch, Rebecca Huxley, Sheila Parry, Anna Pearson, Geoff Morgan, Louise Siddle, Kelly Faye, Sarah Day.

Grants for community projects are available from the Community Association.

Application forms are available in the Centre office or on www.woca.org.uk.

We want to support you, let us know how we can help. The only absolute requirement is that grants must benefit local residents.

Your Local Democratic Representatives

Your city councillors remain:

Colin Cook, 12 Riverside Rd OX2 0HU
Email cllrccook@oxford.gov.uk
Telephone: 721844

Susanna Pressel, 7 Rawlinson Rd OX2 6UE
Email cllrspressel@oxford.gov.uk
Telephone: 554001
Susanna is also your county councillor.

They hold a West Oxford ward surgery on the third Saturday of each month from 11am until 12 noon at the community centre.

Your new MP is **Nicola Blackwood**. You can contact her at:

House of Commons, Westminster,
London, SW1A 0AA

Email nicola.blackwood.mp@parliament.uk